

A PARENT'S GUIDE FOR SUPPORTING CHILDREN NURTURE VALUES



KENYA INSTITUTE OF CURRICULUM DEVELOPMENT

A Skilled and Ethical Society

Values are standards that guide an individual in different circumstances on what is right or wrong. They guide our behaviour, decisions, actions and thoughts towards what is right, important and desirable in life.

Values help children to:

- a) develop good habits
- b) live well with others
- c) be disciplined
- d) solve problems
- e) deal with negative influence
- f) make decisions

What you should pay attention to, in nurturing values.

1

Love

- Putting other people's interests first
- Caring for self and others
- Forgiving easily when wronged
- Avoiding causing pain to others



2

Respect

- Showing humility
- Listening to others' views
- Waiting for own turn when doing group tasks
- Appreciating what others think and feel



3

Unity

- Enjoying working with others
- Working towards achievement of common goals
- Sharing resources with others



4

Responsibility

- Caring for own belongings and those of others
- Completing assigned tasks
- Can be relied upon
- Solving problems without blaming others



5

Peace

- Being calm
- Relating well with others
- Avoiding hurting others
- Solving differences in a friendly manner



6

Integrity

- Doing the right things always
- Being honest and fair to others
- Following set rules and procedures when doing things
- Using resources wisely



7

Patriotism

- Serving the community
- Obeying set rules and regulations
- Loving our country
- Respecting different cultures



8

Social Justice

- Living in harmony with others
- Being fair to all
- Giving everyone equal opportunities
- Sharing resources with others fairly



Some of the ways you can find out if your child is practising values include:

- ✓ observing how your child talks to others.
- ✓ paying attention to what your child says.
- ✓ checking if a child can tell the lesson from a story.
- ✓ asking the teacher what your child says or does in school.
- ✓ checking what your child does with friends.
- ✓ observing whether your child does all the duties given.
- ✓ checking whether your child feels free to talk to you.
- ✓ observing the way your child treats others.

How to support your child nurture values.

1
Being a good
example to your child

12
Supporting your child in
their schoolwork

2
Setting simple rules at home
such as respecting others

11
Using wall hangings
that display values

3
Correcting your
child with love

10
Attending parents'
meetings and academic
clinics

4
Giving your child tasks that
match their age and ability

9
Allowing your child
to talk to you freely

5
Involving your child
in decision-making

8
Sharing stories
with moral lessons

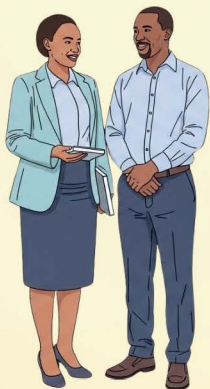
7
Praising and rewarding
good behaviour

6
Encouraging positive
family habits such as
eating together

Nurturing Values

Who should support the child to nurture values?

Teachers



Learners



Parents, Guardians
and Caregivers



Community
leaders



Non-teaching
staff



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